

Experiment lab

SCIENCE: SPORT AND THE SENSES

I will learn how to balance using my senses.

1 Read and label. Then answer the question.

football gymnastics swimming tennis



1 _____ You use your eyes and your sense of touch for this sport. You need excellent hand-to-eye coordination. You need good balance. A sense of hearing is sometimes important. Players often change direction very quickly.

2 _____ This is a team sport and you use your sense of hearing. You use your eyes and your sense of touch. You need good foot-to-eye coordination. Players don't use their hands. Players run very fast and sometimes they jump.

3 _____ This is an individual sport. Balance isn't important. You don't need your eyes or a sense of hearing. You use your sense of touch. You need strong lungs.

4 _____ You don't need a sense of hearing for this sport, but you need very good balance. You use your eyes and your sense of touch. This is an individual sport. You don't work in a team. You jump and you do cartwheels.

Which senses don't you use in these sports? _____

2 What skills do you need to do these sports? Look and write.

Key

FE: foot-eye coordination

HE: hand-eye coordination

B: balance

T: team sport

I: individual sport

Tennis _____

Football _____

Ice hockey _____

Basketball _____

Gymnastics _____

Swimming _____

Ice-skating _____

3 Choose your favourite sport and describe the actions.

When I play football, I kick, run and jump.

When I _____,