

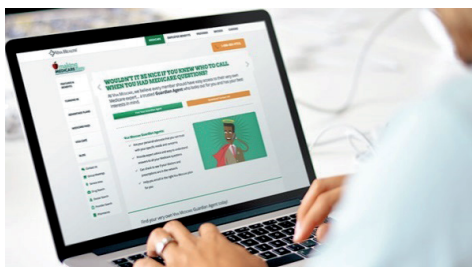
### A. Complete the sentences.



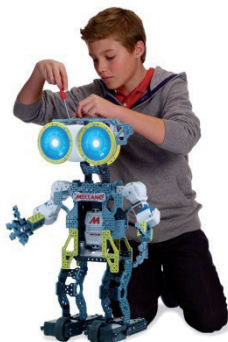
1. She would like to learn .....



2. He would like to learn .....



3. They would like to learn .....



4. He would like to learn .....

# BIG ENGLISH PLUS 4 UNIT: 9 / LEARNING NEW THINGS

## WORKSHEET-2

### B. Ask questions and answer them by using the words in the parenthesis.

**Ex. A:** *What does she think of making pizza?* (she/make pizza)

**B:** *She thinks it is cool* (cool)

**1. A:** ..... (they / make a robot)

**B:** ..... (difficult)

**2. A:** ..... (he / snowboard)

**B:** ..... (dangerous)

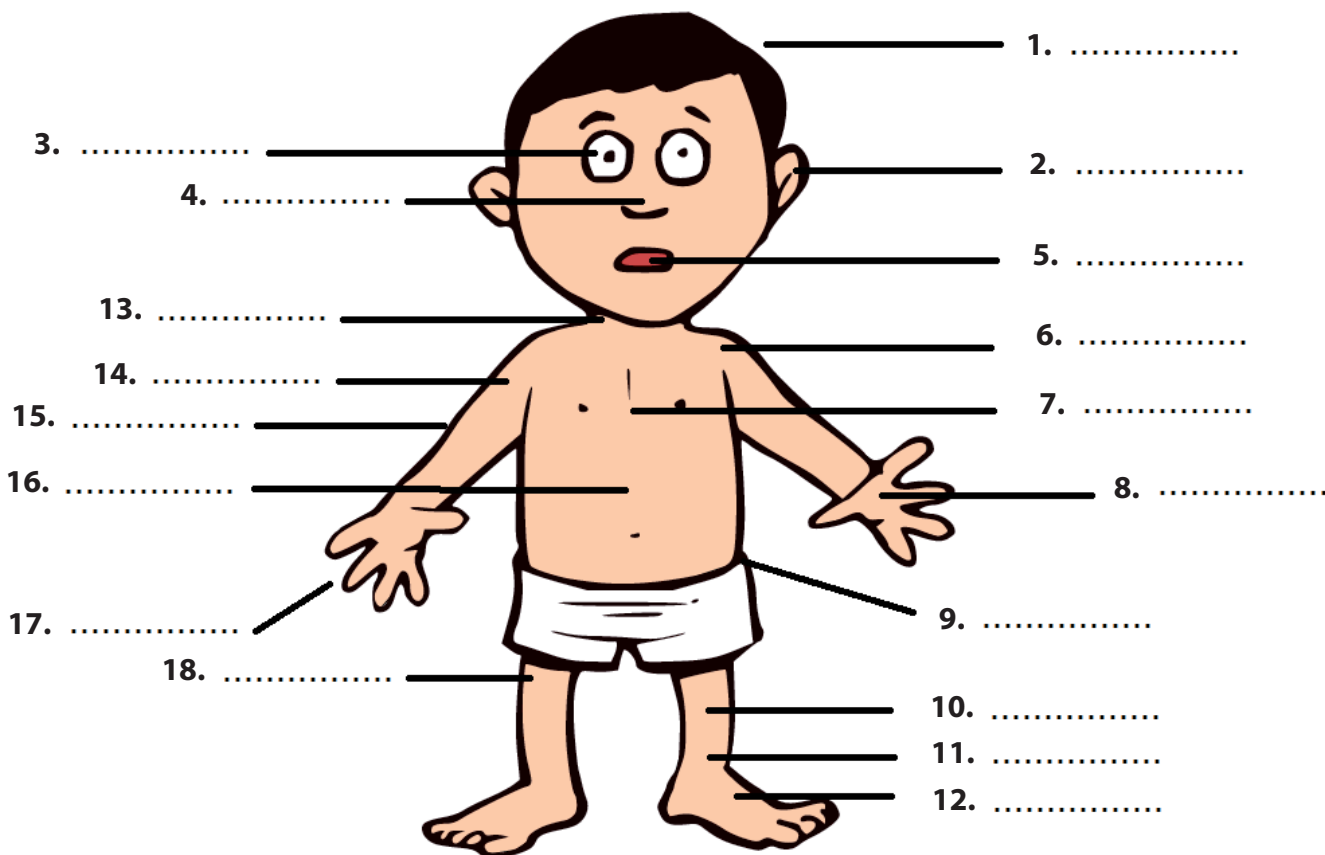
**3. A:** ..... (she / speak Chinese)

**B:** ..... (boring)

**4. A:** ..... (they / play badminton)

**B:** ..... (tiring)

### C. Write the parts of the body.



# BIG ENGLISH PLUS 4 UNIT: 9 / LEARNING NEW THINGS

## WORKSHEET-2

### D. Read the text and answer the questions.

Did you know you have more than 600 muscles in your body? These muscles help you move, lift things, pump blood through your body, and even help you breathe.

There are different types of muscles. Voluntary muscles are the ones that you can control. They are also called skeletal muscles. They work together with your bones to help you walk, run, pick up things, play an instrument, throw a ball or ride a bicycle. The muscles of your mouth and throat even help you talk!

Keeping your muscles strong is very important. It will help you to move freely. You will be able to walk, play sports, and do all the other things you love to do. Exercising, getting enough rest, and eating a balanced diet will help to keep your muscles strong.

Strong muscles also help to keep your joints in good shape. If the muscles around your knee, for example, get weak, you may injure that knee. Strong muscles also help you keep your balance, so you are less likely to slip or fall.

We have also smooth muscles in our body. They are also called involuntary muscles because we have no control over them. Smooth muscles work in your digestive system to move food along and push waste out of your body. They also help keep your eyes focused without your having to think about it.

Did you know your heart is also a muscle? It is a specialized type of involuntary muscle. It pumps blood through your body, changing its speed to keep up with the demands you put on it. It pumps more slowly when you're sitting or lying down, and faster when you're running or playing sports. These muscles are called cardiac muscles.

1. How many muscles are there in our body?

.....

2. We have no control over our skeletal muscles.

**TRUE**

**FALSE**

3. Why is it important to have strong muscles?

.....

4. What do you need to do to have strong muscles?

.....

5. What happens if you don't have strong muscles around your knee?

.....

6. Why are smooth muscles called involuntary?

.....

7. What are some examples to involuntary muscles?

.....

8. Our heart pumps the same amount of blood with the same speed.

**TRUE**

**FALSE**